

# 10 Verses to Encourage Your Hurting Heart

## by Jodi Snowdon

*“The Lord is close to the brokenhearted and saves those who are crushed in spirit.” Psalms 34:18.*

God wants you to know He is leaning in close to you and your broken heart.

*“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.” Deuteronomy 31:6*

God wants you to know that you are not facing this alone.

*“My Peace I give you...Do not let your heart be troubled.” John 14:27*

God wants you to give His Peace in exchange for your troubled heart.

*“The Lord is near. Do not be anxious about anything.” Philippians 4:5-6*

God wants you not to worry; He is bigger than your problem.

*“My God will meet all your needs according to the riches of his glory in Christ Jesus.” Philippians 4:19*

God wants to provide and meet your needs.

*“Don't be afraid, for I will protect you. I call you by name; you are mine. When you pass through the waters, I am with you; when you pass through the streams, they will not overwhelm you. When you walk through the fire, you will not be burned; the flames will not harm you. For I am the LORD your God.” Isaiah 43:1-3*

God wants to walk alongside you through your storm.

*“God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.” Psalms 46:1-3*

God wants to strengthen you and help you in your times of trouble.

*“But I will call on God, and the LORD will rescue me. Morning, noon, and night I cry out in my distress, and the LORD hears my voice.” Psalms 55:16-17*

God wants you to know He hears you as you cry out to Him.

*“Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, “The LORD is my portion; therefore I will wait for him.” The LORD is good to those whose hope is in him, to the one who seeks him; it is good to wait quietly for the salvation of the LORD.” Lamentations 3:22-26*

God wants you to place your hope in Him and seek Him each morning.

*Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. 2 Corinthians 1:3-4*

God wants to comfort you in your grief, so that you can comfort another hurting heart.