

HOPE for the Hurting Heart Prayer

by Jodi Snowdon

Dear God,

I want to put my **HOPE** in You in the middle of this unexpected storm.

God, **Help** me run to you in the pain and honestly share my feelings. Let me exchange the hard emotions for your comfort and peace. God, wrap your loving arms around me and remind me that you are close to the broken hearted.

God, **Open** my Spiritual Eyes today. Help me shift my focus off of my problems and fix my eyes on You instead. God, change my perspective and remind me that you have a bigger plan than what I can see and help me to trust you in the waiting.

God, I want to **Persevere** in my faith as I face these hard circumstances. Help me trust that You have a good plan for my life even when I don't fully understand. Be with me like you were with Joseph. Help me see that you are growing me in the middle of my detours. God, give me the strength to praise You even in midst of the heartbreak.

God, Thank you for never wasting our tears. I pray for an opportunity to **Encourage** another hurting heart by sharing my story. God, thank you for comforting me so I can offer comfort to someone else. Today, I give you my broken pieces and ask that you turn them into something beautiful. God, I want you to use my story to offer hope to another hurting heart.

In Jesus' Name, Amen.